

MAKE EVERY DAY SPECIAL

MINDFUL MONDAY - FOCUS ON CALMNESS TO START YOUR WEEK

TREATS TUESDAY - WHY WAIT TILL THE WEEKEND TO HAVE THAT SPECIAL DINNER?

WELLNESS WEDNESDAY - TAKE TIME TO LOOK AFTER YOURSELF

THANK YOU THURSDAY - A DAY FILLED WITH GRATITUDE

FIND THE FANCY FRIDAY - TAKE EVERYTHING YOU DO UP TO THE NEXT LEVEL

SEASONAL SATURDAY - GO FORAGING, TRY SOME SEASONAL CRAFTING

SCENTSAATIONAL SUNDAY - USE THE POWER OF SMELL TO MAKE THE DAY EXTRA SPECIAL